



SAT 30 JUL
Start Time 10:30

Start List by Session

Morning Session

Event 12 Men's 200m Freestyle		10:30		Heat 1 of 5	
WR	1:42.00 BIEDERMANN Paul	GER	Rome (ITA)	2009	
GR	1:44.71 THORPE Ian	AUS	Manchester (GBR)	2002	
1	THOMAS Stefan	SHN	26 NOV 2005	2:19.25	
2	JACKSON Kow	GHA	25 SEP 2003	2:09.00	
3	YALIMAIWAI Temafa	FIJ	13 DEC 2001	2:01.51	
4	LOWE Samuel	GGY	3 JUN 2004	2:01.99	
5	FRED Tyler	SEY	13 FEB 2003	2:12.84	
6	CASWELL William	SHN	5 JUN 2008	2:19.25	
7					
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Event 12 Men's 200m Freestyle		10:33		Heat 2 of 5	
WR	1:42.00 BIEDERMANN Paul	GER	Rome (ITA)	2009	
GR	1:44.71 THORPE Ian	AUS	Manchester (GBR)	2002	
1	SALIBOKO Collins	TAN	9 APR 2002	2:00.07	
2	THOMPSON Luke-Kennedy	BAH	3 AUG 2001	1:57.08	
3	ALLEN Peter	IOM	26 OCT 2001	1:56.56	
4	ALLISON James Richard	CAY	13 MAR 2006	1:54.97	
5	BREHAUT Ollie	JEY	17 JUN 2004	1:55.80	
6	MANOLI Christos	CYP	19 JUN 2002	1:57.03	
7	MAINA Monyo	KEN	11 AUG 2003	1:59.66	
8	SAVITZ Matt Dylan	GIB	7 JAN 1999	2:01.03	

Event 12 Men's 200m Freestyle		10:36		Heat 3 of 5	
WR	1:42.00 BIEDERMANN Paul	GER	Rome (ITA)	2009	
GR	1:44.71 THORPE Ian	AUS	Manchester (GBR)	2002	
1	FREEMAN James	BOT	28 MAR 2001	1:50.90	
2	GRAY Cameron	NZL	13 AUG 2003	1:48.94	
3	KURLE Cameron	ENG	19 JUL 1997	1:46.62	
4	WINNINGTON Elijah	AUS	5 MAY 2000	1:45.53	
5	SATES Matthew	RSA	28 JUL 2003	1:45.91	
6	GAZIEV Ruslan	CAN	16 AUG 1999	1:47.44	
7	ROSS Andrew	RSA	6 AUG 2001	1:49.59	
8	RAWAT Kushagra	IND	16 FEB 2000	1:52.24	

Event 12 Men's 200m Freestyle		10:40		Heat 4 of 5	
WR	1:42.00 BIEDERMANN Paul	GER	Rome (ITA)	2009	
GR	1:44.71 THORPE Ian	AUS	Manchester (GBR)	2002	
1	JONES Evan	SCO	5 JUN 2004	1:50.65	
2	ROBERTS Wesley Tikiariki	COK	24 JUN 1997	1:48.55	
3	JARVIS Calum	WAL	12 MAY 1992	1:46.47	
4	SCOTT Duncan	SCO	6 MAY 1997	1:44.26	
5	INCERTI Zac	AUS	13 JUL 1996	1:45.80	
6	LITCHFIELD Joe	ENG	8 JUL 1998	1:47.04	
7	BIRD Kieran	WAL	2 SEP 1999	1:49.39	
8	SINGH CHAHAL Arvin Shaun	MAS	15 DEC 2000	1:52.14	

Event 12 Men's 200m Freestyle		10:43		Heat 5 of 5	
WR	1:42.00 BIEDERMANN Paul	GER	Rome (ITA)	2009	
GR	1:44.71 THORPE Ian	AUS	Manchester (GBR)	2002	
1	MILNE Stephen	SCO	29 APR 1994	1:49.92	
2	KHIEW Hoe Yean	MAS	2 SEP 2002	1:47.81	
3	HORTON Mack	AUS	25 APR 1996	1:46.33	
4	DEAN Tom	ENG	2 MAY 2000	1:44.22	
5	RICHARDS Matthew	WAL	17 DEC 2002	1:45.77	
6	McMILLAN Jack	NIR	14 JAN 2000	1:46.66	
7	BAGSHAW Jeremy	CAN	21 APR 1992	1:49.25	
8	BREGAZZI Alex	IOM	26 JUL 1998	1:51.91	

Event 13 Women's 50m Freestyle		10:47		Heat 1 of 9	
WR	23.67 SJOESTROEM Sarah	SWE	Budapest (HUN)	2017	
GR	23.78 CAMPBELL Cate	AUS	Gold Coast (AUS)	2018	
1	PONSFORD Vivienne	SHN	15 OCT 2005	32.47	
2	TEMBA Kayla	TAN	13 JUN 2003	31.37	
3	GUN-MUNRO Tia	SVG	8 AUG 2005	30.64	
4	ROVA Rosemarie	FIJ	7 SEP 2002	30.69	
5	SAUSAN Aishath	MDV	20 JUN 1988	31.57	
6	CHARLES Wendy Lagwena	SOL	26 FEB 2000	34.16	
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Event 13 Women's 50m Freestyle		10:49		Heat 2 of 9	
WR	23.67 SJOESTROEM Sarah	SWE	Budapest (HUN)	2017	
GR	23.78 CAMPBELL Cate	AUS	Gold Coast (AUS)	2018	
1	DUMBUYA Tity	SLE	21 FEB 2003	30.50	
2	BROADBELT Sierrah	CAY	11 SEP 2008	30.00	
3	JOACHIM Jamie	SVG	30 AUG 2007	29.96	
4	KENT Asia	GIB	13 MAR 2007	29.86	
5	HALL Arleigha	TCA	26 SEP 2000	29.91	
6	DESHONG Abigail	SVG	9 JAN 2006	29.97	
7	PANUVE Charissa	TGA	19 NOV 1994	30.31	
8	AHMED Hamna	MDV	18 APR 2003	30.61	

Event 13 Women's 50m Freestyle		10:51		Heat 3 of 9	
WR	23.67 SJOESTROEM Sarah	SWE	Budapest (HUN)	2017	
GR	23.78 CAMPBELL Cate	AUS	Gold Coast (AUS)	2018	
1	KHATUN Mst Sonia	BAN	10 SEP 1999	29.45	
2	MATEUS Alicia	MOZ	9 MAY 2004	29.13	
3	PHIRI Jade Anita	ZAM	15 MAY 2006	28.55	
4	IP HEN CHEUNG Tessa	MRI	10 MAR 2001	28.52	
5	RABEY Orla	GGY	12 DEC 2001	28.52	
6	MAKWENDA Jessica	MAW	21 OCT 2005	28.96	
7	HOY Hayley	SWZ	1 MAR 2008	29.34	
8	MAHAICA Patrice Ruth	GUY	17 APR 2006	29.84	

Event 13 Women's 50m Freestyle		10:53		Heat 4 of 9	
WR	23.67 SJOESTROEM Sarah	SWE	Budapest (HUN)	2017	
GR	23.78 CAMPBELL Cate	AUS	Gold Coast (AUS)	2018	
1	VELE Georgia-Leigh	PNG	11 DEC 1998	28.36	
2	SOUKUP Therese	SEY	8 JUL 2003	28.29	
3	PALJK Tilka	ZAM	18 FEB 1997	28.01	
4	FULLER Olivia	ANT	5 JUN 2003	27.81	
5	PALESTRINI Aaliyah	SEY	1 OCT 2003	27.99	
6	KOK SHUN Alicia Kimberley	MRI	20 NOV 2004	28.11	
7	STAPLES Molly	GGY	1 DEC 2004	28.33	
8	COLLYMORE Tilly	GRN	27 NOV 2007	28.49	

Event 13 Women's 50m Freestyle		10:55		Heat 5 of 9	
WR	23.67 SJOESTROEM Sarah	SWE	Budapest (HUN)	2017	
GR	23.78 CAMPBELL Cate	AUS	Gold Coast (AUS)	2018	
1	THORPE I	KEN	20 FEB 2001	27.69	
2	TAKYI Unilez	GHA	20 AUG 2004	27.49	
3	CABRAL Katelyn	BAH	23 JUN 2003	27.41	
4	STICKLAND Lushavel	SAM	8 MAR 1998	27.32	
5	SCOTT Lily	JEY	6 MAR 2004	27.40	
6	le CRAS Laura	GGY	23 APR 2003	27.42	
7	CONNOLLY Lanihei	COK	30 DEC 2005	27.50	
8	KHAN Bisma	PAK	21 APR 2002	27.78	



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Event 13 Women's 50m Freestyle		10:57		Heat 6 of 9	
WR	23.67 SJOESTROEM Sarah	SWE	Budapest (HUN)		2017
GR	23.78 CAMPBELL Cate	AUS	Gold Coast (AUS)		2018
1	RABESS Kyra Stephanie	CAY	6 SEP 2004		27.24
2	McALORUM Mollie	NIR	2 FEB 2005		27.11
3	BORG Olivia	SAM	19 JAN 2001		26.88
4	PERSAUD Aleka Kylela	GUY	24 FEB 2006		26.86
5	GIBBS Rhanishka	BAH	19 APR 2006		26.88
6	CHARLEMAGNE Mikaili	LCA	1 APR 2003		26.99
7	ROVA Cheyenne	FIJ	23 APR 1995		27.11
8	ATHERLEY Gemma	JEY	4 DEC 1997		27.30

Event 13 Women's 50m Freestyle		10:59		Heat 7 of 9	
WR	23.67 SJOESTROEM Sarah	SWE	Budapest (HUN)		2017
GR	23.78 CAMPBELL Cate	AUS	Gold Coast (AUS)		2018
1	EGNER Maxine	BOT	12 JUL 2004		26.49
2	MOORE Maddy	BER	17 MAY 2000		25.77
3	THOMPSON Cherelle	TTO	14 MAY 1992		25.16
4	HARRIS Meg	AUS	7 MAR 2002		24.38
5	QUAH Ting Wen	SGP	18 AUG 1992		24.92
6	DAVIS Evie	SCO	18 MAY 2004		25.39
7	MUTETI Emily	KEN	14 JUN 1998		26.30
8	DAVISON Grace	NIR	26 AUG 2007		26.66

Event 13 Women's 50m Freestyle		11:01		Heat 8 of 9	
WR	23.67 SJOESTROEM Sarah	SWE	Budapest (HUN)		2017
GR	23.78 CAMPBELL Cate	AUS	Gold Coast (AUS)		2018
1	HEADLEY Mackenzie	JAM	6 DEC 2006		26.43
2	NEL Olivia	RSA	23 JUL 2002		25.62
3	HINDLEY Isabella	ENG	1 OCT 1996		25.13
4	JACK Shayna	AUS	6 NOV 1998		24.14
5	HOPKIN Anna	ENG	24 APR 1996		24.71
6	GALLAGHER Erin	RSA	18 DEC 1998		25.39
7	NAMUTEBI Kirabo	UGA	8 FEB 2005		25.84
8	CAMPBELL Kelsie Leigh	JAM	10 APR 1998		26.61

Event 13 Women's 50m Freestyle		11:03		Heat 9 of 9	
WR	23.67 SJOESTROEM Sarah	SWE	Budapest (HUN)		2017
GR	23.78 CAMPBELL Cate	AUS	Gold Coast (AUS)		2018
1	MILANESI Norah	CMR	23 JAN 2003		26.41
2	RUSSELL Emma	SCO	27 DEC 2003		25.54
3	LIM Xiang Qi Amanda	SGP	8 JAN 1993		25.06
4	McKEON Emma	AUS	24 MAY 1994		23.81
5	CHELIUS Emma	RSA	2 AUG 1996		24.64
6	HILL Danielle	NIR	27 SEP 1999		25.19
7	HADJILIOZOU Anna	CYP	30 OCT 2004		25.81
8	ALVARANGA Zaneta	JAM	9 DEC 2004		26.49

Event 16 Men's 100m Breaststroke		11:05		Heat 1 of 5	
WR	56.88 PEATY Adam	GBR	Gwangju (KOR)		2019
GR	58.59 PEATY Adam	ENG	Gold Coast (AUS)		2018
1					
2					
3	IBRAHIM Mubal Azzam	MDV	3 NOV 2000		1:14.25
4	MOYO Zach	ZAM	21 APR 2006		1:11.00
5	NAIDU Kumaren	ZAM	28 AUG 1997		1:13.16
6	LAKE Alex	AIA	3 JUN 2005		1:20.89
7					
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Event 16 Men's 100m Breaststroke		11:07		Heat 2 of 5	
WR	56.88 PEATY Adam	GBR	Gwangju (KOR)		2019
GR	58.59 PEATY Adam	ENG	Gold Coast (AUS)		2018
1	GEORGE Bryson	SVG	12 AUG 2004		1:07.73
2	LOBO Caio Miguel Chaby	MOZ	8 JUN 2005		1:06.56
3	RAJBONASHI Sukumar	BAN	27 MAY 1994		1:06.02
4	CAMPBELL Kito	JAM	14 JUN 2003		1:04.62
5	HALLETT Ronny	GGY	19 MAR 2004		1:05.40
6	RABUA E	FIJ	24 OCT 1998		1:06.38
7	CADOGAN Shane	SVG	1 JUN 2001		1:07.40
8	MASKELYNE Ryan	PNG	25 JAN 1999		1:09.89

Event 16 Men's 100m Breaststroke		11:10		Heat 3 of 5	
WR	56.88 PEATY Adam	GBR	Gwangju (KOR)		2019
GR	58.59 PEATY Adam	ENG	Gold Coast (AUS)		2018
1	WUILLIEZ Jadon	ANT	13 JUN 2002		1:03.17
2	BOOTH Kyle	WAL	9 AUG 2001		1:01.52
3	GOODBURN Archie	SCO	26 JUN 2001		1:00.70
4	STUBBLETY-COOK Zac	AUS	4 JAN 1999		59.51
5	BENSON Craig	SCO	30 APR 1994		1:00.19
6	DERGOUSOFF James	CAN	28 OCT 1996		1:00.88
7	PANARETOS Panayiotis	CYP	20 APR 2002		1:01.70
8	WEEKES Luis Sebastian	BAR	10 APR 2000		1:04.33

Event 16 Men's 100m Breaststroke		11:12		Heat 4 of 5	
WR	56.88 PEATY Adam	GBR	Gwangju (KOR)		2019
GR	58.59 PEATY Adam	ENG	Gold Coast (AUS)		2018
1	HALLETT Charlie-Joe	GGY	27 NOV 2001		1:03.12
2	WANTENAAR Ronan	NAM	10 FEB 2001		1:01.35
3	MURDOCH Ross	SCO	14 JAN 1994		1:00.61
4	WILBY James	ENG	12 NOV 1993		58.93
5	YONG Joshua	AUS	24 JUL 2001		1:00.04
6	BASTIAN Izaak	BAH	3 JAN 2001		1:00.87
7	NEWMAN Bradley	WAL	13 JUN 2001		1:01.58
8	JONES Robbie	JEY	7 SEP 2001		1:03.90

Event 16 Men's 100m Breaststroke		11:15		Heat 5 of 5	
WR	56.88 PEATY Adam	GBR	Gwangju (KOR)		2019
GR	58.59 PEATY Adam	ENG	Gold Coast (AUS)		2018
1	VAKASAMA Taichi	FIJ	12 OCT 1999		1:01.76
2	CRAWFORD Brenden G	RSA	23 MAR 1996		1:01.00
3	WILLIAMSON Sam	AUS	19 DEC 1997		1:00.52
4	PEATY Adam	ENG	28 DEC 1994		57.66
5	BUTLER Greg	ENG	31 DEC 2000		1:00.04
6	HOULIE Michael	RSA	27 JUN 2000		1:00.71
7	ANG Maximilian Wei	SGP	19 MAR 2001		1:01.58
8	ROBINSON Adrian	BOT	11 APR 2000		1:03.43

Event 17 Women's 100m Backstroke		11:18		Heat 1 of 4	
WR	57.45 MCKEOWN Kaylee	AUS	Adelaide (AUS)		2021
GR	58.63 MASSE Kylie	CAN	Gold Coast (AUS)		2018
1	SAUSAN Aishath	MDV	20 JUN 1988		1:18.76
2	COLLYMORE Tilly	GRN	27 NOV 2007		1:15.73
3	MEYA Avice	UGA	2 DEC 1994		1:15.09
4	PRENTICE Kiera	IOM	8 DEC 2004		1:11.45
5	JOACHIM Jamie	SVG	30 AUG 2007		1:12.76
6	DAVIS-COYLE Poppy	SHN	10 SEP 2007		1:15.40
7	AHMED Hamna	MDV	18 APR 2003		1:18.30
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Event 17 Women's 100m Backstroke		11:21		Heat 2 of 4	
WR	57.45 MCKEOWN Kaylee	AUS	Adelaide (AUS)	2021	
GR	58.63 MASSE Kylie	CAN	Gold Coast (AUS)	2018	
1	MOORE Maddy	BER	17 MAY 2000	1:06.46	
2	TITUS Danielle	BAR	13 AUG 2002	1:03.15	
3	COX Lauren	ENG	27 NOV 2001	1:00.84	
4	O'CALLAGHAN Mollie	AUS	2 APR 2004	58.86	
5	WILD Cassie	SCO	12 JUN 2000	59.91	
6	EVANS Charlotte	WAL	6 SEP 1997	1:01.74	
7	HARVEY Emma	BER	23 JUL 2001	1:05.02	
8	ADJEI Nubia	GHA	31 JAN 2003	1:09.60	

Event 17 Women's 100m Backstroke		11:24		Heat 3 of 4	
WR	57.45 MCKEOWN Kaylee	AUS	Adelaide (AUS)	2021	
GR	58.63 MASSE Kylie	CAN	Gold Coast (AUS)	2018	
1	HODGSON Emma	IOM	13 APR 2002	1:06.07	
2	McGILL Holly	SCO	11 JUN 2005	1:03.00	
3	HILL Danielle	NIR	27 SEP 1999	1:00.18	
4	MASSE Kylie	CAN	18 JAN 1996	57.70	
5	ATHERTON Minna	AUS	17 MAY 2000	59.74	
6	OUWEHAND Vanessa Hazel	NZL	30 DEC 1999	1:01.35	
7	ATHERLEY Gemma	JEY	4 DEC 1997	1:04.20	
8	TREASURE Danielle	BAR	3 SEP 2003	1:06.94	

Event 17 Women's 100m Backstroke		11:27		Heat 4 of 4	
WR	57.45 MCKEOWN Kaylee	AUS	Adelaide (AUS)	2021	
GR	58.63 MASSE Kylie	CAN	Gold Coast (AUS)	2018	
1	STICKLAND Lushavel	SAM	8 MAR 1998	1:06.02	
2	MEDER Rebecca	RSA	31 JUL 2002	1:01.99	
3	HARVEY Mary-Sophie	CAN	11 AUG 1999	1:00.16	
4	McKEOWN Kaylee	AUS	12 JUL 2001	57.45	
5	HARRIS Medi	WAL	15 SEP 2002	59.24	
6	SHANAHAAN Katie	SCO	25 JUN 2004	1:00.93	
7	TOSTEVIN Tatiana	GGY	19 APR 2003	1:03.95	
8	SENAVIRATHNE Ganga	SRI	27 MAY 2003	1:06.51	

Event 18 Men's 400m Individual Medley		11:30		Heat 1 of 2	
WR	4:03.84 PHELPS Michael	USA	Beijing (CHN)	2008	
GR	4:11.04 WALLACE Daniel	SCO	Glasgow (GBR)	2014	
1					
2	DODDS Isaac	JEY	17 APR 2004	4:30.50	
3	LEE Se-Bom	AUS	12 JUN 2001	4:14.16	
4	SMITH Brendon	AUS	4 JUL 2000	4:09.27	
5	SATES Matthew	RSA	28 JUL 2003	4:11.58	
6	GAGNE Collyn	CAN	20 NOV 2000	4:17.82	
7					
8					

Event 18 Men's 400m Individual Medley		11:37		Heat 2 of 2	
WR	4:03.84 PHELPS Michael	USA	Beijing (CHN)	2008	
GR	4:11.04 WALLACE Daniel	SCO	Glasgow (GBR)	2014	
1					
2	SZARANEK Mark	SCO	16 AUG 1995	4:20.75	
3	WILLIAMS Brodie Paul	ENG	18 MAR 1999	4:12.95	
4	SCOTT Duncan	SCO	6 MAY 1997	4:09.18	
5	CLAREBURT Lewis	NZL	4 JUL 1999	4:09.49	
6	POLLARD Kieren	AUS	4 MAY 1999	4:14.78	
7	SHIHAM Mohamed Rihan	MDV	31 DEC 2006	5:16.35	
8					

Event 20 Men's 4 x 100m Freestyle Relay		11:44		Heat 1 of 2	
WR	3:08.24 United States of America	USA	Beijing (CHN)	2008	
GR	3:12.72 Australia	AUS	Gold Coast (AUS)	2018	
1	Singapore	SGP			
2	Guernsey	GGY		3:38.12	
3	Scotland	SCO		3:22.19	
4	Canada	CAN		3:10.82	
5	Wales	WAL		3:15.77	
6	Jersey	JEY		3:30.00	
7	Seychelles	SEY		3:59.55	
8					

Event 20 Men's 4 x 100m Freestyle Relay		11:50		Heat 2 of 2	
WR	3:08.24 United States of America	USA	Beijing (CHN)	2008	
GR	3:12.72 Australia	AUS	Gold Coast (AUS)	2018	
1	St Helena	SHN		4:06.00	
2	Fiji	FIJ		3:33.89	
3	South Africa	RSA		3:19.39	
4	Australia	AUS		3:10.80	
5	England	ENG		3:11.94	
6	Isle of Man	IOM		3:29.00	
7	Gibraltar	GIB		3:48.65	
8					

Legend:

GR Commonwealth Games Record **WR** World Record